

Cobb Park Senior Center
May 2017

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
1 10:00-10:30 Walking Crew 10:30-11:00 Stretch and Flex 11:30-12:15 Lunch	2 11:30-12:15 Lunch 12:30-2:00 Table Games 1:00 Wood Carving	3 9:00 Puzzle Time 11:30-12:15 Lunch	4 10:30-11:00 Stretch and Flex 11:30-12:15 Lunch <u>Meet and Eat 5:00 PM</u>	5 10:30 Cinco de Mayo Bingo 11:15 Blood Pressure Check 11:30-12:15 Lunch
8 10:00-10:30 Walking Crew 10:30-11:00 Stretch and Flex 11:30-12:15 Lunch	9 11:30-12:15 Lunch 12:30-2:00 Table Games 1:00 Wood Carving	10 <u>WELLNESS JAMBOREE @</u> <u>ROSE PARK</u> <u>CENTER CLOSED</u>	11 10:30-11:00 Stretch and Flex 11:30-12:15 Lunch	12 10:30 <u>Muffins with Mom</u> 11:15 Blood Pressure Check 11:30-12:15 Lunch
15 10:00-10:30 Walking Crew 10:30-11:00 Stretch and Flex 11:30-12:15 Lunch	16 11:30-12:15 Lunch 12:30-2:00 Table Games 1:00 Wood Carving	17 9:00 Puzzle Time 11:30-12:15 Lunch	18 10:30-11:00 Stretch and Flex 11:30-12:15 Lunch <u>Game Night @ 6:00 PM</u>	19 10:30 Bingo 11:15 Blood Pressure Check 11:30-12:15 Lunch
22 10:00-10:30 Walking Crew 10:30-11:00 Stretch and Flex 11:30-12:15 Lunch	23 11:00 Blood Pressure Check 11:30-12:15 Lunch 12:30-2:00 Table Games 1:00 Wood Carving	24 9:00 Dominoes 11:30-12:15 Lunch	25 10:30-11:00 Stretch and Flex 11:30-12:15 Lunch	26 10:30 Bingo 11:15 Blood Pressure Check 11:30-12:15 Lunch
29 <u>MEMORIAL DAY</u> <u>CENTER CLOSED</u> 	30 11:30-12:15 Lunch 12:30-2:00 Table Games 1:00 Wood Carving	31 9:00 Puzzle time 11:30-12:15 Lunch		