

Monday	Tuesday	Wednesday	Thursday	Friday
2 10 a.m. Gospel Singing 11 a.m. Stretch & Walk 11:30 Lunch	3 9:30 a.m. Karaoke 10 a.m. Crafts 11 a.m. Walk & Stretch 11:30 Lunch	4 10a.m. Christian Forum w/ Rev. Jack Miller 11 a.m. Stretch & Walk 11:30 Lunch	5 9:30 Karaoke 11 a.m. Stretch & Walk 11:30 a.m. Lunch	6 10 a.m. Bingo 11 a.m. Stretch & Walk 11:30 a.m. Lunch
9 10 a.m. Gospel Singing 11 a.m. Stretch & Walk 11:30 Lunch Columbus Day	10 9:30 a.m. Karaoke 10 a.m. Game Room 11 a.m. Walk & Stretch 11:30 Lunch	11 10a.m. Christian Forum w/ Rev. Jack Miller 11 a.m. Stretch & Walk 11:30 Lunch	12 9:30 Karaoke 11 a.m. Stretch & Walk 11:30 a.m. Lunch	13 10 a.m. Bingo 11 a.m. Stretch & Walk 11:30 a.m. Lunch
16 10 a.m. Gospel Singing 11 a.m. Stretch & Walk 11:30 Lunch	17 9:30 a.m. Karaoke 10 a.m. Crafts 11 a.m. Walk & Stretch 11:30 Lunch	18 10a.m. Christian Forum w/ Rev. Jack Miller 11 a.m. Stretch & Walk 11:30 Lunch	19 9:30 Karaoke 11 a.m. Stretch & Walk 11:30 a.m. Lunch	20 10 a.m. Bingo 11 a.m. Stretch & Walk 11:30 a.m. Lunch
23 10 a.m. Gospel Singing 11 a.m. Stretch & Walk 11:30 Lunch	24 9:30 a.m. Karaoke 10 a.m. Game Room 11 a.m. Walk & Stretch 11:30 Lunch	25 10a.m. Christian Forum w/ Rev. Jack Miller 11 a.m. Stretch & Walk 11:30 Lunch	26 9:30 Karaoke 11 a.m. Stretch & Walk 11:30 a.m. Lunch	27 10 a.m. Bingo 11 a.m. Stretch & Walk 11:30 a.m. Lunch
30 10 a.m. Gospel Singing 11 a.m. Stretch & Walk 11:30 Lunch	31 9:30 a.m. Karaoke 10 a.m. Halloween Party 11 a.m. Walk & Stretch 11:30 Lunch	<div style="text-align: center;">  <p>Sears Senior Center 2550 Ambler Abilene, Texas 79603 676 - 6582</p> </div>		