

August 2017

Sears 2550 Ambler Abilene, Texas 79603 325-676-6582

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:30 a.m. Karaoke 10 a.m. Game Room 11 a.m. Walk & Stretch	2 10a.m. Christian Forum w/ Rev. Jack Miller 11 a.m. Stretch &	3 9:30 Karaoke 11 a.m. Stretch & Walk 11:30 a.m. Lunch	4 10 a.m. Bingo 11 a.m. Stretch & Walk 11:30 a.m. Lunch
7 10 a.m. Gospel Singing 11 a.m. Stretch & Walk 11:30 Lunch	8 9:30a.m. Karaoke 10:30 a.m. Coffee & Puzzles 11 a.m. Walk &	9 10a.m. Christian Forum w/ Rev. Jack Miller 11 a.m. Stretch &	10 9:30 Karaoke 11 a.m. Stretch & Walk 11:30 a.m. Lunch	11 10 a.m. Bingo 11 a.m. Stretch & Walk 11:30 a.m. Lunch
14 10 a.m. Gospel Singing 11 a.m. Stretch & Walk 11:30 Lunch	15 9:30 a.m. Karaoke 10 a.m. Game Room 11 a.m. Walk & Stretch	16 10a.m. Christian Forum w/ Rev. Jack Miller 11 a.m. Stretch &	17 9:30 Karaoke 11 a.m. Stretch & Walk 11:30 a.m. Lunch	18 10 a.m. Bingo 11 a.m. Stretch & Walk 11:30 a.m. Lunch
21 10 a.m. Gospel Singing 11 a.m. Stretch & Walk 11:30 Lunch	22 9:30a.m. Karaoke 10:30 a.m. Coffee & Puzzles 11 a.m. Walk &	23 10a.m. Christian Forum w/ Rev. Jack Miller 11 a.m. Stretch &	24 9:30 Karaoke 11 a.m. Stretch & Walk 11:30 a.m. Lunch	25 10 a.m. Bingo 11 a.m. Stretch & Walk 11:30 a.m. Lunch
28 10 a.m. Gospel Singing 11 a.m. Stretch & Walk 11:30 Lunch	29 9:30 a.m. Karaoke 10 a.m. Game Room 11 a.m. Walk & Stretch	30 10a.m. Christian Forum w/ Rev. Jack Miller 11 a.m. Stretch &	31 9:30 Karaoke 11 a.m. Stretch & Walk 11:30 a.m. Lunch	