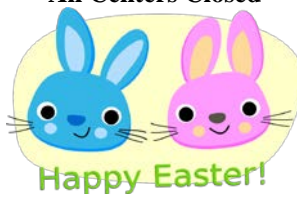
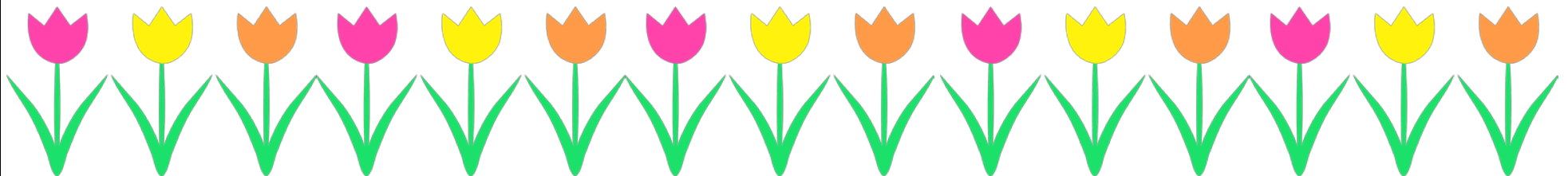


# SENIOR CITIZENS MENU APRIL 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Salisbury Steak with Gravy Sliced Carrots Potato Salad Purple Plums Whole Wheat Bread Choice of Milk	<b>4</b> Teriyaki Chicken in Sauce Fried Rice Green Peas Lemon Gelatin Cake Eggroll Choice of Milk	<b>5</b> Steak Fingers with Cream Gravy Whipped Potatoes Mixed Green Salad with Dressing Chocolate Ice Cream Dinner Roll Choice of Milk	<b>6</b> Chicken Spaghetti Seasoned Mixed Greens Chilled Juice Tropical Fruit Whole Wheat Bread Choice of Milk	<b>7</b> Tuna Salad on a Croissant with Pickle Spear Breaded Okra Sliced Pineapple Cherry Jubilee Cookies Choice of Milk
<b>10</b> Swedish Meatballs over Egg Noodles Yellow Squash Tomato Wedges(2) Sliced Peaches Whole Wheat Bread Choice of Milk	<b>11</b> Pepper Steak Whipped Potatoes Winter Mix Vegetables Mandarin Oranges Whole Wheat Bread Choice of Milk	<b>12</b> Tostada with Beef, Beans, Lettuce, Tomato, Cheese Sour Cream, Salsa, Jalapenos Chilled Juice Carnival Cookies Whole Wheat Bread Choice of Milk	<b>13 Easter Lunch</b> Chicken and Dressing with Gravy Seasoned Green Beans Cranberry Gelatin Salad Lemon Cake Dinner Roll Choice of Milk	<b>14</b>  <p style="color: green; font-weight: bold; font-size: 1.2em;">Happy Easter!</p>
<b>17</b> Spaghetti with Meat Sauce Brussels Sprouts Mixed Green Salad with Dressing Apricot Halves Garlic Bread Choice of Milk	<b>18</b> Oven Baked Chicken Macaroni and Tomatoes Mixed Greens Gingerbread with Topping Whole Wheat Bread Choice of Milk	<b>19</b> Chicken Fried Steak with Gravy Whipped Potatoes Mixed Vegetables Butterscotch Pudding Swirl Dinner Roll Choice of Milk	<b>20</b> BBQ Sausage Corn O' Brian Creamy Coleslaw Spiced Peaches Whole Wheat Bread Choice of Milk	<b>21</b> Pinto Beans with Ham Sliced Onion Marinated Cucumber and Tomato Salad Fresh Baked Cornbread Rainbow Sherbet Choice of Milk
<b>24</b> Sliced Smoked Turkey in Gravy Sliced New Potatoes Mixed Vegetables Diced Pears Whole Wheat Bread Choice of Milk	<b>25</b> Savory Meatloaf Sliced Carrots Brown Bean Salad Coconut Pie Whole Wheat Bread Choice of Milk	<b>26</b> Hamburger on a Bun Lettuce, Tomato, Onion, Pickle Ketchup / Mustard French Fried Potatoes Tropical Fruit Choice of Milk	<b>27 BIRTHDAY'S</b> Chicken Tenders with Gravy Whipped Potatoes Green Peas with Diced Onions Carrot Cake with Icing Whole Wheat Bread Choice of Milk	<b>28</b> Sliced Ham Parmesan Baked Potato Cucumber Salad Oatmeal Raisin Cookies Dinner Roll Choice of Milk



**ROSE PARK SENIOR CENTER**  
**LUNCH SERVED 11:30 A.M. TO 12:15 P.M.**  
**TAKE-HOME MEALS 12:15 P.M. TO 12:30 P.M.**

**COBB, G.V. DANIELS, SEARS**  
**LUNCH SERVED 11:30 A.M. TO 12:15 P.M.**  
**TAKE-HOME MEALS-12 P.M. TO 12:15 P.M.**

MENUS SUBJECT TO CHANGE WITHOUT NOTICE