





NOVEMBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Idaho Taco with Beef, Cheese, Salad, Sour Cream and Salsa Cucumber Corn Salad Apple Jubilee Whole Wheat Bread Choice of Milk	2 Pepper Steak Yellow Hominy Chilled Juice Butterscotch Pudding Whole Wheat Bread Choice of Milk	3 Hamburger on a Bun Lettuce, Tomato, Onion, Pickles Ketchup, Mustard Potato Tots Strawberry Shortcake Choice of Milk
6 Oven Baked Chicken Corn Pudding Steamed Broccoli Tropical Fruit Salad Dinner Roll Choice of Milk	7 Spaghetti with Meat Sauce Green Beans Mixed Green Salad with Dressing Sliced Pineapple Garlic Bread Choice of Milk	8 Chicken Strip with Cream Gravy Whipped Potatoes Mixed Vegetables Chilled Apricots Dinner Roll Choice of Milk	9 Beef Sausage Chilled Potato Salad Sliced Carrots Peanut Butter Cookies Whole Wheat Bread Choice of Milk	10 ALL CENTERS CLOSED FOR VETERANS DAY 
13 Peppered Beef Tips and Tomatoes served over White Rice Yellow Squash Sliced Peaches Dinner Roll Choice of Milk	14 Mexican Casserole Fiesta Hominy Salsa, Sour Cream Sliced Pineapple Gelatin with Topping Choice of Milk	15 Chicken and Dumplings Black-eyed Pea Salad Mandarin Oranges Whole Wheat Bread Choice of Milk	16 Chopped BBQ On a Bun with Sliced Onion Baked Beans Creamy Coleslaw Rainbow Sherbet Choice of Milk	17 Thanksgiving Roast Turkey w/ Giblet Gravy Cornbread Dressing Glazed Yams Green Beans/Almonds Cranberry Relish Pumpkin Pie w/topping Dinner Roll Choice of Milk
20 Chicken Fried Steak with Cream Gravy Whipped Potatoes Mixed Vegetables Butterscotch Pudding Swirl Whole Wheat Bread Choice of Milk	21 Swedish Meatballs served over Egg Noodles Seasoned Green Peas Coconut Pie Whole Wheat Bread Choice of Milk	22 Ham and Beans served with Sliced Onion Sliced Peaches Chocolate Chip Cookies Fresh Cornbread Choice of Milk		
27 Savory Meatloaf Au Gratin Potatoes Zucchini Squash Tropical Fruit Whole Wheat Bread Choice of Milk	28 Chicken Spaghetti Fried Okra Spiced Beet Salad Chocolate Pudding Swirl Whole Wheat Bread Choice of Milk	29 Birthday's Sliced Ham Macaroni and Cheese Mixed Green Salad with Dressing Birthday Cake Dinner Roll Choice of Milk	30 Chicken Cacciatore Sliced New Potatoes Green Peas Vanilla Ice Cream Whole Wheat Bread Choice of Milk	

ROSE PARK SENIOR CENTER
LUNCH SERVED 11:30 A.M. TO 12:15 P.M.
HOME BOUND MEALS 12:15 P.M. TO 12:30 P.M.

COBB, G.V. DANIELS, SEARS
LUNCH SERVED 11:30 A.M. TO 12:15 P.M.
HOME BOUND MEALS-12 P.M. TO 12:15 P.M.

MENUS SUBJECT TO CHANGE WITHOUT NOTICE